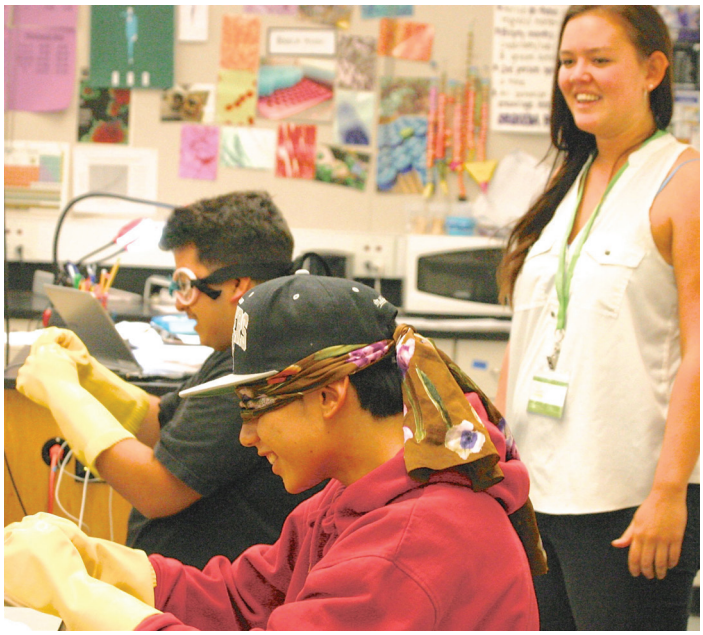
Annual Report 2015

health connected™
SEX ED STARTS HERE



Photos by Gina Harrison

STORIES OF IMPACT

What Students Are Saying

"I like knowing that others go through the same thing."
– Puberty Talk student at John F. Kennedy Elementary School

"We can ask questions without being judged."
– Teen Talk Middle School student at Willow Oaks Elementary School

"I thought it was interesting when we discussed our values and got to see how our classmates' values compared with ours."
– Teen Talk High School student at Carlmont High School

"I will feel confident to talk to my parents about sexual health."
– Teen Talk Middle School student at Thomas R. Pollicita Middle School

"Now I know how to prevent STIs and pregnancy."
– Teen Talk Middle School student at Los Robles Magnet Academy

"I will go to a free clinic and get tested and get protection when I do decide to have sex."
– Teen Talk High School student at East Palo Alto Phoenix Academy

What Teachers Are Saying

"It is great to have an external person presenting this topic because students feel more confident to talk about things they do not normally share with a teacher."
– Teacher at Los Robles Magnet Academy

"The Health Connected educators present from a very specific content knowledge and set up a rapport with the students to openly and safely talk about sensitive topics."
– Teacher at John F. Kennedy Elementary School

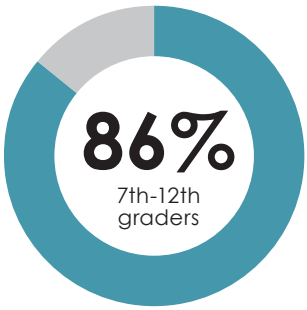
OUR IMPACT

EMPOWERING YOUTH

During the 2014-2015 school year, we served a total of 7,596 students, parents, and teachers.

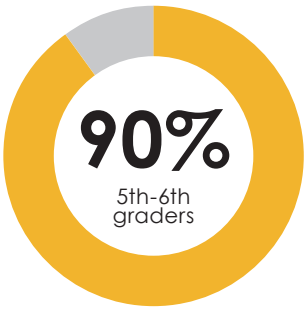
Our health educators provided comprehensive sexual health education directly to 6,037 students at 37 schools and an additional 1,047 students through community outreach events.

7th-12th grade students scored an average of 86% on their post-test (compared to an average of 62% on the pre-test).



86% of 7th-12th grade students were able to name two free and confidential teen-friendly clinics on the post-test (compared to 18% on the pre-test).

99% of high school students stated that the information they learned from the program will make it easier for them to practice safer sex now or in the future.



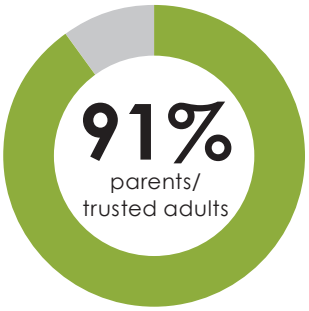
90% of 5th-6th grade students stated that participating in our programs made them feel more comfortable with their body and the changes that happen during puberty.

DRIVING COMMUNITY CHANGE

We trained 302 education professionals through our Training & Technical Assistance program, impacting at least 12,500 additional students.

SUPPORTING FAMILIES

We engaged a total of 3,862 parents and trusted adults, including 3,743 that completed an interview with their child about sex, sexuality, and relationships as part of our Youth Services program and 119 that participated in family communication workshops on sexual health through our Parent Services program.



91% of the parents/trusted adults that completed an interview with their child as part of our Youth Services program agreed that they feel more comfortable talking with their child about sex and/or relationships in the future.

FINANCIAL REVIEW 2014-2015

3% ($12,428) In-Kind Contributions

38% ($170,913) Program Service Fees

59% ($260,615) Grants and Contributions

12% ($56,968) Administration

13% ($61,579) Fundraising

75% ($363,066) Program Services

HEALTH CONNECTED
CONTRIBUTORS

Health Connected is deeply grateful for the support of individuals, foundations, corporations, and organizations whose generous contributions make our programs and services possible.
The following list reflects gifts received for programs provided between July 1, 2014 and June 30, 2015.

Every effort has been made to ensure accuracy. Please accept our apology for any errors or omissions. If you have any corrections, please contact us at 650.367.1937 x12.

$25,000 AND UP
Anonymous Fund at Philanthropic Ventures Foundation
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$10,000 - $24,999
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HIGHLIGHTS 2014-2015

Reproductive Health for All Abilities

More often than not, students in special education programs, particularly those in non-mainstreamed classes, do not receive the same quality of sexual health education as their typically-developing peers, if they receive any sex ed at all. Over the last five years, Health Connected has partnered with the Sequoia Union High School District to ensure that students in special education classes receive comprehensive sexuality education. Through this partnership, we have gradually developed our Teen Talk Special Education curriculum – a compilation of adapted materials developed through research, field-testing, and adaptation of our existing published curricula. This project has the potential to transform the adolescent sexual health education field by creating a nationally-available, high-quality sexual health curriculum for some of our most vulnerable youth.

Advancing Young Adult Sexual Health Initiative

In 2014, Health Connected began developing a new sexual health education curriculum, Teen Talk High School Refresher, tailored to the needs of older teens (11th-12th grade students). Older teens are at especially high risk for negative sexual health outcomes, including teen pregnancies and sexually transmitted infections. There are few sexual health education courses specifically designed for older teens, so Teen Talk High School Refresher is addressing a significant gap for this at-risk population of young people. This new curriculum is a promising intervention that will equip older teens with the knowledge and skills necessary to make informed sexual health decisions as they transition into adulthood.

Expanding Peer Education Initiatives

Health Connected continued to focus on establishing youth-led sexual health education initiatives, including after-school peer education groups at Menlo-Atherton and Sequoia High Schools. These groups are comprised of a handful of student leaders eager to effect positive change and build awareness about sexual health at their schools. Health Connected also continued to partner with the Sequoia Teen Wellness Center to facilitate a Youth Advisory Board (YAB) made up of passionate student leaders from local high schools. Through participation in school and community health fairs, street outreach, and social media activism, the YAB works to improve youth health and wellness. In addition, the YAB also provides valuable feedback to the Wellness Center and to Health Connected to make sure that health services and health education reflect the needs of local students.

California Sex Ed Roundtable

Health Connected joined the CA Sex Ed Roundtable, a collaborative helping to shape and promote sexual health education for California youth. The collaborative is led by the ACLU of Northern California, Planned Parenthood Affiliates of California, and California Latinas for Reproductive Justice, and is comprised of thought-leaders around the state in the adolescent sexual health field, including community organizations, researchers, policy advocates, and educators. In 2015, Health Connected participated in the Roundtable's successful statewide advocacy effort to significantly improve the legal requirements for sexual health education in public schools.

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