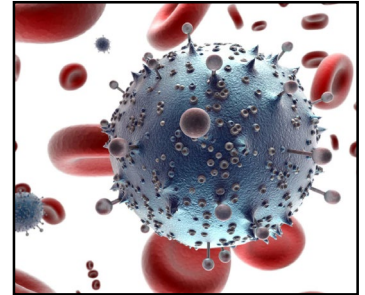


# HIV 101

## Human Immunodeficiency Virus

A virus that attacks the cells in the immune system. The immune system usually keeps the body strong and fights off colds, the flu, etc. When someone has HIV, their immune system gets weak and it is harder to fight off illnesses.



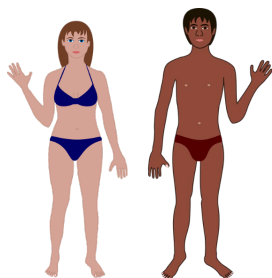
## Acquired Immune Deficiency Syndrome

When someone with HIV starts to get sick and their immune system is very weak, a doctor may diagnose them with AIDS. Now we have many drugs to treat this disease and, with proper treatment, people with HIV can have a normal life expectancy. There is still no cure, but hopefully scientists will come up with a cure someday soon!

## HIV is passed by...

### Blood

(sharing needles with someone who has HIV)



**Fluid from the anus**  
**Fluid from the vagina**  
**Fluid from the penis**

(semen and pre-ejaculate)

### Breastmilk

(from a mother with HIV to baby)



## HIV is not passed by...

Hugging

Kissing

Shaking hands

Sharing a drink

Sharing a bathroom



Mosquitos or insects

Donating blood

Sweat, tears, or saliva

Being friends with someone who is living with HIV



## How does someone know if they have HIV?

They get tested by a medical provider!

To learn more about HIV, visit: [www.kidshealth.org/en/kids/hiv.html](http://www.kidshealth.org/en/kids/hiv.html)

# HIV 101: True or False?

Name: \_\_\_\_\_ Period: \_\_\_\_\_

*Directions:* Mark each of the following statements true or false (T or F).

\_\_\_\_\_ 1. You can get HIV from sharing a cup with someone who has HIV.

\_\_\_\_\_ 2. You can get HIV from kissing someone who has HIV.

\_\_\_\_\_ 3. Mothers with HIV can pass it to their babies.

\_\_\_\_\_ 4. People of any gender can get HIV.

\_\_\_\_\_ 5. Mosquitos and other bugs can give you HIV.

\_\_\_\_\_ 6. You can get HIV from donating blood.

\_\_\_\_\_ 7. You can get HIV from exchanging: semen, fluid from the vagina, or fluid from the anus with someone who has HIV.

\_\_\_\_\_ 8. You can look at someone and tell if they have HIV.

\_\_\_\_\_ 9. You can get HIV from hugging someone with HIV.

\_\_\_\_\_ 10. There are medications to help someone living with HIV.