

Your Sexual Bill of Rights

In the United States:

- 1 in 5 women and 1 in 14 men experience non-consensual sex in their lifetime*
- About 72% of rapes are not reported**
- About 85% of survivors knew the person who raped them**

California State Law***

- YES means YES. Silence means NO. If you are unsure, ASK.
- If a person says "Yes" to sex while drunk, the "Yes" DOES NOT count.
- If both people are intoxicated, the person who starts the sex is held responsible.

I ALWAYS have the right to:

Look sexy—even if I don't want to have sex
Just kiss and touch—even if I had sex with that person before
Change my mind—even if I said "yes" at first
Report a rape—even if I didn't report it right away

How to help a friend:

- Remind them it is never their fault.
Rape is an act of control and power, not an act of sexual desire.
- Listen without judgment.
- Empower them to make their own decisions.
- Ask if they feel safe.
- Encourage them to report, by visiting a local hospital or calling 911.

For help for you or a friend, call:

National Assault Hotline
1-800-656-HOPE

Rape Trauma Services
(San Mateo County)
650-692-RAPE

National Human Trafficking
Resource Center
1-888-373-7888

How can you help reduce sexual violence in your community?

Sources Cited:

*Smith, S.G., et al. (2015) Atlanta, GA: National Intimate Partner and Sexual Violence Survey (available at: www.cdc.gov/violenceprevention/pdf/2015-data-brief.pdf)

**U.S. Department of Justice (2013) Washington, DC: Criminal Victimization (available at: www.bjs.gov/content/pub/pdf/cv12.pdf)

***California Law. (2008) Penal Code Section 261-269 (available at: www.leginfo.ca.gov/cgi-bin/displaycode?section=pen&group=0001-01000&file=261-269)